

Independent licensees of the Blue Cross and Blue Shield Association

## Cardiac Services Checklist

Mag

Please be prepared to provide the **applicable information** from the following list when requesting prior authorization for a cardiac procedure managed by Magellan Healthcare<sup>1</sup>:

- Medical chart notes all notes from patient chart related to the requested procedure, including patient's current cardiac status/symptoms, cardiac factors and indications.
- 2. Relevant patient information, including:
  - a. Patient age, height, weight, and BMI.
  - b. **Family history of heart problems** (including relationship to member, age at diagnosis, type of event, etc.).
  - c. Medical history (e.g. diabetes, hypertension, stroke, arrhythmia, etc.).
  - d. Cardiac risk factors.
  - e. **Previous cardiac treatments, surgeries or interventions** (medications, CABG, PTCA, stent, heart valve surgery, pacemaker/defibrillator insertion, surgery for congenital heart disease, etc.).
  - f. **Problems with exercise capacity** (orthopedic, pulmonary, or peripheral vascular disease; distance, heart rate).
- 3. **Diagnostic or imaging reports from previous tests (**exercise stress test, echocardiography, stress echocardiography, MPI, coronary angiography, etc.).
- 4. **Symptom history** (onset, course, new or changing symptoms) related to all pertinent cardiac conditions, such as heart muscle/valvular disease, structural abnormality, infection, exposure to toxins/chemotherapy, etc.
- 5. **Examination results**, including evaluation of hypertension, heart failure, cardiomyopathy, abnormal rhythm, pulmonary embolus, congenital condition, etc.
- 6. Any other documentation that supports the need for the procedure.
- 7. **For pediatric patients**, provide all pertinent clinical information supporting the relevant condition, such as:
  - a. **Congenital heart disease,** such as cyanosis, failure to thrive, syncope, chest pain, abnormal murmurs, etc.; include documentation related to any prior surgery for congenital heart disease.
  - b. Acquired heart disease, such as Kawasaki disease, endocarditis, pericarditis, HIV carditis, exposure to cardio toxic drugs, newly acquired hypertension, etc.
  - c. **Non-cardiac diseases**, such as pulmonary hypertension, in-dwelling catheters, sepsis, thromboembolic events, etc.
  - d. Arrhythmias, with possibly underlying structural heart disease.

## To initiate an authorization request, visit www.RadMD.com

<sup>&</sup>lt;sup>1</sup>National Imaging Associates, Inc. is a subsidiary of Magellan Healthcare, Inc.