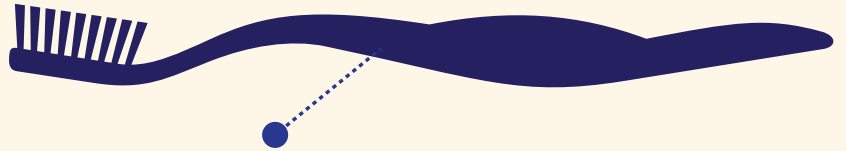


Chew on This



Don't be hard on your teeth. Brushing too vigorously can actually erode your tooth enamel. That can lead to sensitive teeth and other oral issues. And tooth enamel won't grow back.



If you've had a sore throat, the flu, a cold or some other viral infection, replace your toothbrush! Notorious bacteria microbes often implant themselves on your toothbrush bristles, which can lead to reinfection.



Contrary to popular belief, George Washington did not have wooden teeth. The dentures he wore were made of gold, ivory, lead and a mixture of human, donkey and hippopotamus teeth.



As far back as 1498, the Chinese were known to use toothbrushes made with bristles from horses, hogs and badgers. The first commercial toothbrush wasn't made until 1938.



Newborn babies do not have tooth decay bacteria. Usually, the bacteria are transmitted from mother to baby when she kisses the child or even when she blows on hot food before feeding the baby.